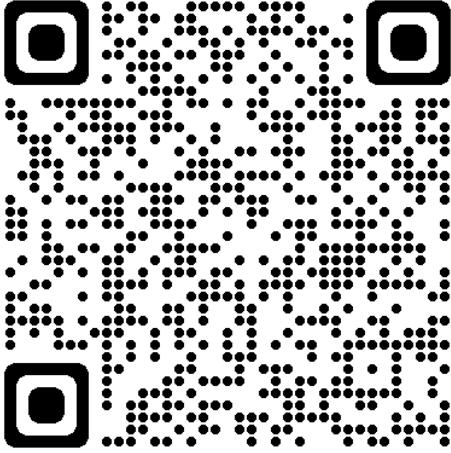


Resources

QR code for the C-SSRS screener.



The Columbia Lighthouse Project

- To access all the C-SSRS information, training, screeners, tools, etc. visit: <https://cssrs.columbia.edu>

Suicide Prevention Apps available in the App store:

- iPhone
 - “A Friend Asks” (The Jason Foundation)
 - The Columbia Protocol app (this is an app that walks you through the questions and does the scoring for you and tells you what needs to be done next!)
- Android
 - ASK about suicide to save a life (Mental Health of America of Texas)
 - Suicide Crisis Support (QPR Institute)
- iOS
 - Operation Reach Out (created for military, veterans, and military families)

Resources on Grief Recovery

Grief Share

www.griefshare.org (to find a group meeting at a local church)

Nancy Guthrie www.nancyguthrie.com

Nancy Guthrie, who founded Grief Share along with her husband, David, has authored several good books including:

- *“What Grieving People Wish You Knew About What Really Helps (and What Really Hurts)”*
- *“God Does His Best Work With Empty”*
- *“Hearing Jesus Speak into Your Sorrow”*
- *“Holding on to Hope”*
- *“The One Year Book of Hope”*
- *“When Your Family’s Lost a Loved One (finding hope together)”*
- *“I’m Praying for You”*

All titles available on her website and some on Amazon. Some selections available for sale at a book table at this conference.

Jerry Stitser wrote a powerful book on grief that has been re-released in a 25th anniversary edition, with an update from the author:

“A Grace Disguised (How the Soul Grows through Loss)” available on Amazon

Douglas K. McKelvey

“Prayer and Liturgies: Every Moment Holy, Vol. II- Death, Grief and Hope”

QR Code for Nancy Guthrie Books: This is the QR Code that will take you to the best prices for all of Nancy Guthrie’s books on Grief. 10% off and \$1 shipping.



Additional Resources:

Recommended reading

“Invitation to Silence and Solitude” by Ruth Haley-Barton
“Boundaries” by Cloud & Townsend
“Emotionally Healthy Leader” by Pete Scazzero
“The Lord is My Courage” by K.J. Ramsey
“The Seven Principles of Making Marriage Work” by John Gottman
“The Soul of Shame” by Curt Thompson

Helpful tools

The Enneagram

<https://www.enneagraminstitute.com/rheti>

Rule of Life

<https://static1.squarespace.com/static/557e453fe4b0db2f0d1103bc/t/5e6ae5bf0e0a9b11719f63d7/1584063952993/Cross+Culture+Rule+of+Life.pdf>

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