

Get Acquainted and Team Building Exercises

October 2017

Birthday Bash!

Time to celebrate!

Invite the women in your church to come

"be a kid again" birthday party.



- ☆ Decorate the room with balloons and streamers as you would for a kid.
- ☆ Have party hats and noise makers.
- ☆ Have some of those colorful necklaces to put on each woman ... maybe several ... they are so colorful.
- ☆ Make name tags, add stickers representing the month they were born so they will learn who was born in the same month.
- ☆ Have simple crafts for the women to do. (An easy idea: have cardstock and envelopes ... along with ribbons, markers, and rubber stamping items so they can make a card to send to someone.)
- ☆ Play games ... pin-a-tail-on-the-donkey (or you could rename it ... pin-a-purse-on-a-girlfriend) or some other games children would play.



The idea is to fill the room with laughter.



Have fun while getting to know each other better.



For food ...

- ☆ Use children's paper plates and cups.
- ☆ Give each woman an unfrosted cupcake and a candle.
- ☆ Have several flavors of frosting and sprinkles.
- ☆ Let them decorate their cupcake and put the candle in it.
- ☆ Scoops of ice cream go great with the cupcake!
- ☆ Everyone sing "Happy Birthday" and blow out their candle!



Inspired by "Women's Ministry in the 21st Century."