

Get Acquainted and Team Building Exercises

April 2017

Helping people become better acquainted lays a foundation for building Christian community. Becoming a Christian community doesn't "just happen" because good people are together. **We must be continually concerned about building relationships** so our group works together as a team, in a **Christian community** of love and concern.



This activity can be used with a small or large group, such as: **circle meeting, association rally lunch, Sunday School class meeting, church board meeting**, etc. Choose one of the following ideas:



1. **Decorate craft sticks at both ends and sides**

(different sizes are available at Walmart and craft stores). **Print, cut and paste one of the questions below on each stick.** Place the sticks in small cups/jars on your table(s). Ask people to choose one stick and share their thoughts with the group or groups of three or four.



- 2.) **Print, cut and paste one of the questions below on Jenga blocks. Build several small towers of blocks** (depending on the size of the group, you may need more than one game). People will need to take one block from the tower.



Below are both general and seasonal questions.



If you have more than one table, the same questions can be used at each table. Use these questions as a guide and create others that will highlight your program theme:



☆ What, for you, would have been the most discouraging aspect of living in the 1800s?

☆ **What is your favorite saying, quote or expression?**



☆ Other than family and health, name two things for which you are thankful. (Use in November.)

☆ What thought or sentiment would you like to put in one million fortune cookies?

☆ What food or recipe of your mother's do you like/remember the most? (Use in May.)

☆ As Christmas approaches, what song is it that you can't wait to hear? (Use in December.)

☆ **When you were a child, what job did you most want to have when you grew up?**

