

The following communication skills can help us honor the Lord and build relationships. These skills can be developed personally, in small groups or as a large group.



Development of Communication Skills

"Prayer is communication. You talk, God listens. You listen when God talks." --Omoakhunana Anthonia

After reading a passage listed below follow these three steps:

1.) In a single phrase or sentence **explain** the meaning.

2.) Describe two-three ways you could specifically apply this principle.3.) Describe two-three ways you have violated that principle.

Passage List:

1.) Proverbs 10:19, 13:3 -Do not talk more than necessary



2.) Proverbs 12:18, 15:1 -Consequences of soft versus harsh words 3.) Proverbs 15:28, 17:9 -Importance of not talking about others



4.) Proverbs 17:14, 20:3 -Avoid participating in a quarrel



5.) Philippians 4:8 -Importance of keeping Christ in overall communication



"Arrogance is someone claiming to have come to Christ, but they won't spend more than five minutes listening to your journey because they are more concerned about their own well-being rather than being a true disciple of Christ. Blessed is the person that takes the time to heal and hear another person so they can move on." --Shannon L. Alder



This activity can be shared at any time to reinforce the importance of Christian communication. Pantomime is the conveyance of a story by body or facial movements, especially in drama or dance. Enthusiastically encourage the women to participate.

> Step One: One or two women can pantomime any of the quotes below. Step Two: One women dramatically reads the quote aloud while it is being pantomimed. Step Three: A short discussion about the quote.

Quote List: 1.) "The world is full of talkers, but it is rare to find anyone who listens." And I assure you that you can pick up more information when you are listening than when you are talking." -E.B. White, The Trumpet of the Swan 2.) "Just because words come out of somebody's mouth doesn't make them *true.* – Rebecca Brockway 3.) *"Through my choices and actions, I have learned the most effective ways"* of speaking to God is without saying a word." -- Steve Maraboli, Unapologetically You: Reflections on Life and the Human Experience 4.) "We are stronger when we listen, and smarter when we share." -Rania Al-Abdullah 5.) "Constantly talking isn't necessarily communicating." -- Charlie Kaufman