

Get Acquainted and Team Building Exercises

October 2012

Women love to have fun! All your meetings should include elements of spiritual growth, an outreach emphasis and enjoyable fellowship. **As leaders, we should strive to build close relationships and community.** We are the body of Christ and connected.

How would your group be different if each woman were truly loved and cared for from the moment they entered the room? At each of your meetings, include an activity where women can discover a sense of belonging and draw support from the other women attending.



BLESSING BOWL

Before the meeting, put uplifting Bible verses and positive quotes on small pieces of paper and put them in a clear bowl, vase or jar. Each month, ask a couple of women to pull a paper from the vase and share what the verse or quote means to them.

Sample scripture verses:

- ✦ *If you have faith as a grain of mustard seed nothing shall be impossible unto you. Matthew 17:20*
- ✦ *Pray without ceasing. In every thing give thanks; for this is the will of God in Christ Jesus concerning you. I Thessalonians 5:17-18*

Sample uplifting quotes:

- ✦ *Don't cry because it is over - smile because it happened.*
- ✦ *The way each day will look to you starts with who you're looking too!*
- ✦ *The most important prayer in the world is just two words long: "Thank you."*



FILL IN THE BLANKS

Do you remember your school days when you had workbooks where you had to "fill in the blanks" to answer questions? Try this method with Bible verses. On a white board, chalkboard or newsprint write a Bible verse leaving out several words and individually or as a group, fill in the empty spaces.

Begin with an easy one:

- 1.) "The _____ is my _____, ..." *Psalm 23:1*

Use this one as part of a Love Gift dedication:

- 2.) "Let _____ that hath _____ the Lord. _____ ye the Lord."
Psalm 150:6

Use a verse from the Bible Book of the Month to promote reading or as a follow-up to reading the book.